



Love Smart Cards Expanded Inventory: Character Strengths

These are empowering ways of being that help us through difficulties.

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|---------------|---------------|------------------|
| Accepting | Enduring | Open |
| Accountable | Enthusiastic | Optimistic |
| Appreciative | Excellent | Orderly |
| Assertive | Fair | Patient |
| Attentive | Faithful | Peaceful |
| Balanced | Flexible | Perseverant |
| Clean | Friendly | Playful |
| Caring | Focused | Prayerful |
| Coachable | Forgiving | Present |
| Committed | Generous | Purposeful |
| Compassionate | Gentle | Reliable |
| Confident | Grateful | Respectful |
| Considerate | Harmonious | Responsible |
| Consistent | Helpful | Reverent |
| Contented | Honest | Self-disciplined |
| Cooperative | Honoring | Serene |
| Courageous | Humble | Tactful |
| Courteous | Inclusive | Team Player |
| Creative | Independent | Trusting |
| Decisive | Inspiring | Trustworthy |
| Dedicated | Integrous | Understanding |
| Dependable | Joyful | In Unity |
| Detached | Just | Visionary |
| Determined | Kind | Wise |
| Devoted | Light-hearted | |
| Diligent | Loving | |
| Discerning | Loyal | |
| Embracing | Mindful | |
| Empathic | Modest | |
| Encouraging | Orderly | |



Every challenge offers opportunity to grow - to embody the values that matter to us. Patience only grows when tested; the same is true for each of these character strengths. When a difficult situation arises, ask, "**Which character strengths am I inspired to bring to this challenge?**"
